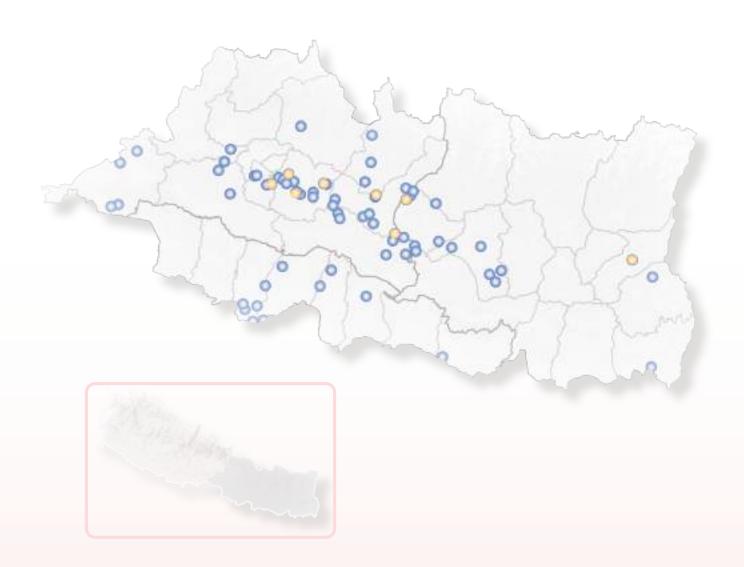


HeRAMS Nepal

September 2024 floods and landslides

January 2025



Sexual and reproductive health services

A comprehensive mapping of availability of essential services and barriers to their provision

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HeRAMS Nepal

September 2024 floods and landslides

January 2025

Sexual and reproductive health services

A comprehensive mapping of availability of essential services and barriers to their provision







Phone: 4.

Ref:

Ministry of Health & Population

Ramshahpath, Kathmandu

Nepal

Date: 7 July 2025



Ramshahpath, Kabinatis Foreword

of Health and Police

Foreword

In the face of escalating natural and human-induced hazards, ensuring the safety and resilience of healthcare facilities remains a critical public health priority. Hospitals are essential lifelines during emergencies and disasters, providing life-saving care and coordinating relief when communities need them the most. Recognizing the importance of robust disaster preparedness, the Ministry of Health and Population (MoHP) is unwavering in its commitment to enhancing the disaster resilience of health facilities across Nepal.

The Health Resources and Services Availability Monitoring System (HeRAMS) serves as a comprehensive framework to assess the availability, accessibility, and functionality of health facilities, resources, and services within specific regions. This system empowers decision-makers by offering detailed insights into facility conditions, enabling evidence-based interventions to strengthen health system preparedness and response.

In Nepal, the Health Emergency and Disaster Management Unit (HEDMU)/HEOC, with support from the World Health Organization (WHO), first implemented HeRAMS following the 2023 earthquake in West Nepal. This assessment covered 83 health facilities, including temporary setups, to evaluate the damage and service availability in the affected region. Subsequently, in 2024, HeRAMS was extended to assess 78 health facilities across the Koshi, Madhesh, and Bagmati provinces, in the aftermath of floods and landslides.

This report provides an overview of the outcomes of these assessments of 2024 Nepal's Flood and Landslide and outlines the subsequent actions to be taken at various levels. It is a result of the collaborative efforts between the MoHP, WHO, and local health institutions, ensuring that Nepal's health system remains prepared for future emergencies.

I would like to express my sincere gratitude to WHO Nepal, the Swiss Agency for Development and Cooperation and United Nations Resident Coordinator's Office, the WHO South-East Asia Regional Office (SEARO), the HeRAMS Team at WHO Headquarters, and all the contributing institutions, experts, and hospital teams for their invaluable support and dedication to this essential initiative.

Dr Prakash Budhathoky

Chief

HEDMU/HEOC

ACRONYMS

BHSC Basic Health Service Center

HeRAMS Health Resources and Services Availability Monitoring System

HIV Human immunodeficiency virus

HP Health Post

HSDU Health Service Delivery Unit

IEC Information, Education, and Communication

PHC Primary Health Center

PMTCT Prevention of Mother-To-Child HIV Transmission

STI Sexually transmitted infections

UHC Urban Health Centre

WHO World Health Organization

TABLE OF CONTENTS

Acronyms	IV
Disclaimer	2
Overview of HSDUs evaluated	3
Interpretation guide	6
Free access to condoms	8
Information, education, and communication on STI/HIV	10
STI/HIV Advocacy	12
Syndromic management of STIs	14
HIV counselling and testing	16
prevention of mother-to-child HIV transmission	18
Antiretroviral treatment	20
Family planning	22
Antenatal care	24
Clean home deliveries	26
Skilled care during childbirth	28
Basic emergency obstetric care	30
Comprehensive emergency obstetric care	32
Post-partum care	34
Comprehensive abortion care	36
Clinical management of rape survivors	38
Emergency contraception	40
Post-exposure prophylaxis	42
Annex	44
Annex I: Previously published reports	45



DISCLAIMER

Disruptions to health systems can impede provision of and access to essential health services. Communities' vulnerability to increased morbidity and mortality substantially increases when a lack of reliable information prevents sound decision-making, especially in rapidly changing environments that require continued assessment. The Health Resources and Services Availability Monitoring System (HeRAMS) aims to provide decision-makers and health stakeholders at large with vital and up-to-date information on the availability of essential health resources and services, help them identify gaps and determine priorities for intervention.

HeRAMS draws on the wealth of experience and knowledge gathered by the World Health Organization (WHO) and health sector actors, including nongovernmental organizations, donors, academic institutions and other technical bodies. It builds on a collaborative approach involving health service providers at large and integrating what is methodologically sound and feasible in highly constrained, low-resourced and rapidly changing environments such as humanitarian emergencies. Rapidly deployable and scalable to support emergency response and fragile states, HeRAMS can also be expanded to - or directly implemented as - an essential component of routine health information systems. Its modularity and scalability make it an essential component of emergency preparedness and response, health systems strengthening, universal health coverage and the humanitarian development nexus.

HeRAMS has been operational in Nepal since January 2024 with an initial focus on areas affected by the 2023 Jajarkot earthquake Annex I. Following the devasting floods and landslides in September 2024, HeRAMS was expanded to "insert provinces". This report presents the results of the assessment of 78 health service delivery units (HSDUs) across affected areas. It is important to note that the deployment of HeRAMS is ongoing, including data verification and validation. Hence, this analysis is not final and was produced solely for the purpose of informing operations.

This is the fifth report of the HeRAMS Nepal September 2024 floods and landslides - January 2025 series, focusing on the availability of sexual and reproductive health services. It is a continuation of the first report on the operational status of the health system¹ and should always be interpret in conjunction with results presented in the first report. Additional reports are available covering general clinical and trauma care service², essential child health and nutrition services³, communicable disease services⁴, and Noncommunicable disease and mental health services⁵.

Caution must be taken when interpreting the results presented in this report. Differences between information products published by WHO, national public health authorities, and other sources using different inclusion criteria and different data cut-off times are to be expected. While steps are taken to ensure accuracy and reliability, all data are subject to continuous verification and change.

For additional information, please see https://www.who.int/initiatives/herams or contact herams@who.int

HeRAMS Nepal September 2024 floods and landslides - January 2025 - operational status of the health system: a comprehensive mapping of the operational status of health service delivery units, https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-and-landslides-report-2025-01operational-status-of-the-health-system.

HeRAMS Nepal September 2024 floods and landslides - January 2025 - General clinical and trauma care services: A comprehensive mapping of availability of essential services and barriers to their provision, https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-and-landslides-report-2025-01-general-clinical-and-trauma-care-services

HeRAMS Nepal September 2024 floods and landslides - January 2025 - Child health and nutrition services: A comprehensive mapping of availability of essential services barriers to their provision, https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-and-landslides-report-2025-01-

HeRAMS Nepal September 2024 floods and landslides - January 2025 - Communicable disease services: A comprehensive mapping of availability of essential services and barriers to their provision, https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-and-landslides-report-2025-01-

HeRAMS Nepal September 2024 floods and landslides - January 2025- Noncommunicable disease and mental health services: A comprehensive mapping of availability of essential services and barriers to their provision. https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-and-



OVERVIEW OF HSDUs EVALUATED

Data collection summary

78 HSDUs assessed





HSDUs at least partially operational

(out of 78 HSDUs assessed)⁶

^{*} Five of the assessed facilities were temporary structures.

⁶ HSDUs (Health Service Delivery Units) reported as destroyed, non-functioning, or inaccessible are deemed unable to provide any health services, hence categorized as non-operational. Consequently, reporting ends upon confirmation of an HSDU's non-operational status.



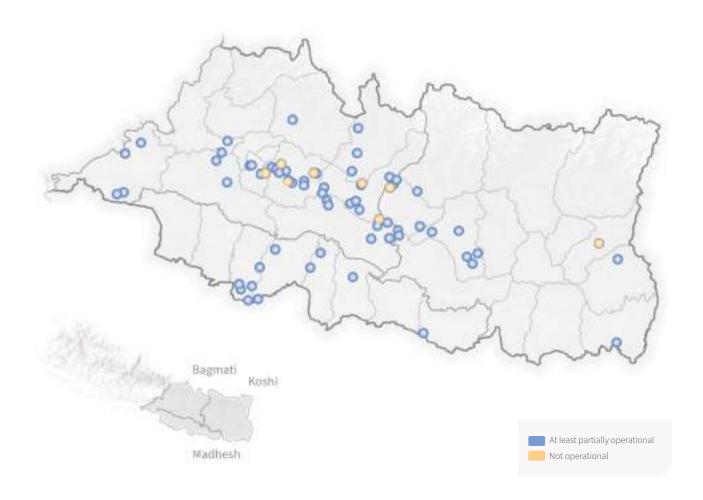
Reporting frequency and operational status by district

		He Se	Basic Health Community Bervice Health Unit Centre		EPI	EPI Clinic Health Post		Municipal/ Local level Hospital		Primary Healthcare Center		Provincial Hospital		Urban Health Centre		Other		Total			
		0	N/O	0	N/O	0	N/O	0	N/O	0	N/O	0	N/O	0	N/O	0	N/O	0	N/O	0	N/O
	CHITAWAN	2	-	1	_	-	_	-	-	-	-	-	-	-	-	-	-	1	_	4	-
	DHADING	-	-	-	-	-	_	1	-	-	-	-	-	-	-	-		-	-	1	-
	DOLAKHA	-	_	1	1	_	-	2	_	-	_	-	_	-	_	-	_	-	_	3	1
	KAVREPALANCHOK	1	-	2	1	1	_	9	2	1	1	-	-	-	-	-		-	-	14	4
BAGMATI	LALITPUR	-	-	-	_	-	-	2	-	-	-	-	_	1	-	-	-	-	-	3	-
3AGN	MAKWANPUR	1	-	-	_	-	-	1	-	-	-	-	-	-	-	1		-	-	3	-
	RAMECHHAP	-	-	-	_	-	-	7	-	-	-	-	_	-	-	-	-	-	-	7	-
	SINDHULI	1	-	4	_	-	-	4	-	-	-	-	-	-	-	-		-	-	9	-
	SINDHUPALCHOK	-	_	-	_	-	_	-	-	1	-	-	-	-	-	-	-	-	_	1	-
	TOTAL	5	_	8	2	1	_	26	2	2	1	-	-	1	-	1	-	1	-	45	5
	ILAM	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-		-	-	1	-
	JHAPA	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	1	-
=	KHOTANG	-	-	-	-	-	-	3	-	1	-	1	-	-	-	-	-	-	-	5	-
KOSHI	OKHALDHUNGA	-	-	1	1	-	-	4	1	-	-	-	-	-	-	-		-	-	5	2
×	PANCHTHAR	-	-	-	-	-	-	1	1	-	-	-	-	-	-	-	-	-	-	1	1
	SOLUKHUMBU	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-		-	-	1	-
	TOTAL	1	-	1	1	-	-	9	2	2	-	1	-	-	-	-	-	-	-	14	3
	MAHOTTARI	-	-	-	-	-	-	2	-	-	-	-	-	-	-	-		-	-	2	-
_	RAUTAHAT	-		-	-	-	-	3	-	-	-	2	-	-	-	-	-	-		5	-
MADHESH	SAPTARI	-		-	-	-		1	-	-	-	-	-	-	-	-		-		1	-
MADI	SARLAHI	2		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		2	-
	SIRAHA	-		-	-	-		1	-	-	-	-	-	-	-	-		-		1	-
	TOTAL	2	-	-	-	-	-	7	-	-	-	2	-	-	-	-	-	-	-	11	-
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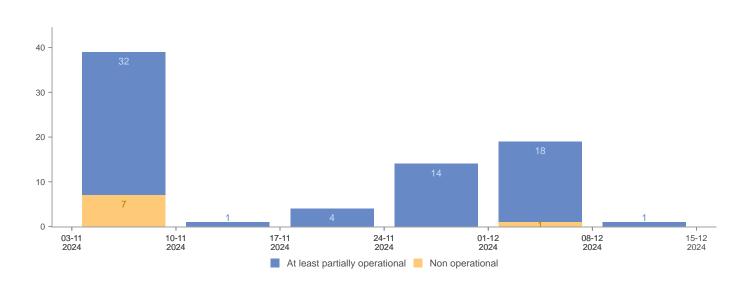
O = At least partially operational - **N/O** = Not operational



Geographic distribution of HSDUs



Date of last update





INTERPRETATION GUIDE

Service status

Arc charts provide an overview of the overall availability of a health service. The total number of HSDUs included in the analysis of a service is shown inside the arc chart. It should be noted that analysis of individual services was limited to operational HSDUs (see page 3 for details). There are two numbers separated by a bar ("|") inside the arc of the chart: on the left is the percentage of HSDUs, and on the right of the bar is the number falling into that category.





For further insights, **donut charts** break down service availability by HSDU type or province. To improve readability, labels indicating the availability level for each category are provided either beside or below the chart. Additionally, to highlight the percentage of HSDUs where an service is available up to standard, the number may also be prominently placed inside the chart. Information on the total number of HSDUs included is clearly indicated above or below the respective donut.

Column charts offer a breakdown of availability by district. By default, these charts exclude HSDUs where an service was not applicable or the HSDU did not report on it. The total number of HSDUs included in each district is indicated to the right of the bar.





In contrast to charts, and to highlight areas not reporting, as well as the impact of non-operational HSDUs, **maps** depict all HSDUs targeted with HeRAMS. Each dot corresponds to an HSDU, with the colour indicating the availability level.



Barriers

To gain a more comprehensive understanding of the challenges faced by HSDUs, whenever an service was not or only partially available, main barriers impeding availability were recoded. Similarly, questions on building and equipment conditions, functionality and accessibility gather information on the underlying causes for non or partially operating HSDUs.



Each **donut chart** indicates the percentage of HSDUs having reported a specific barrier. The total number of HSDUs reporting at least one barrier is shown below the chart header.

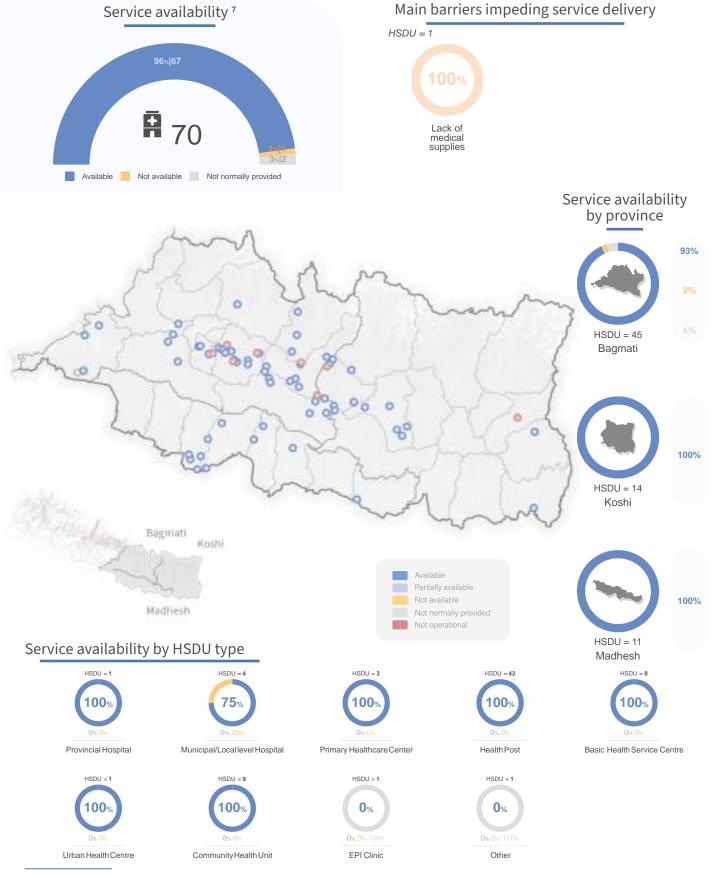
Heat maps indicate the barriers that each HSDU listed face with a colored rectangle. When the rectangle is grey, the HSDU does not face this barrier.



Important: The denominator for barrier charts excludes HSDUs where the service is fully available or not normally provided. It should further be noted that HSDUs can report up to three barriers for each service. Thus, the sum of all barriers may exceed 100%.

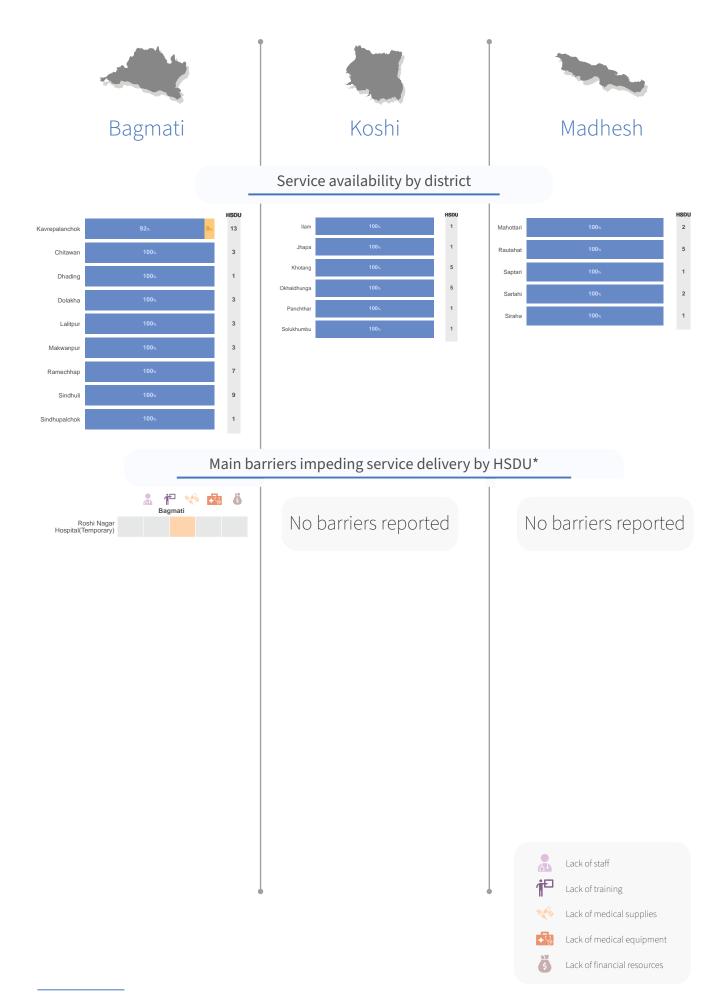


FREE ACCESS TO CONDOMS



⁷ Availability of free condoms.

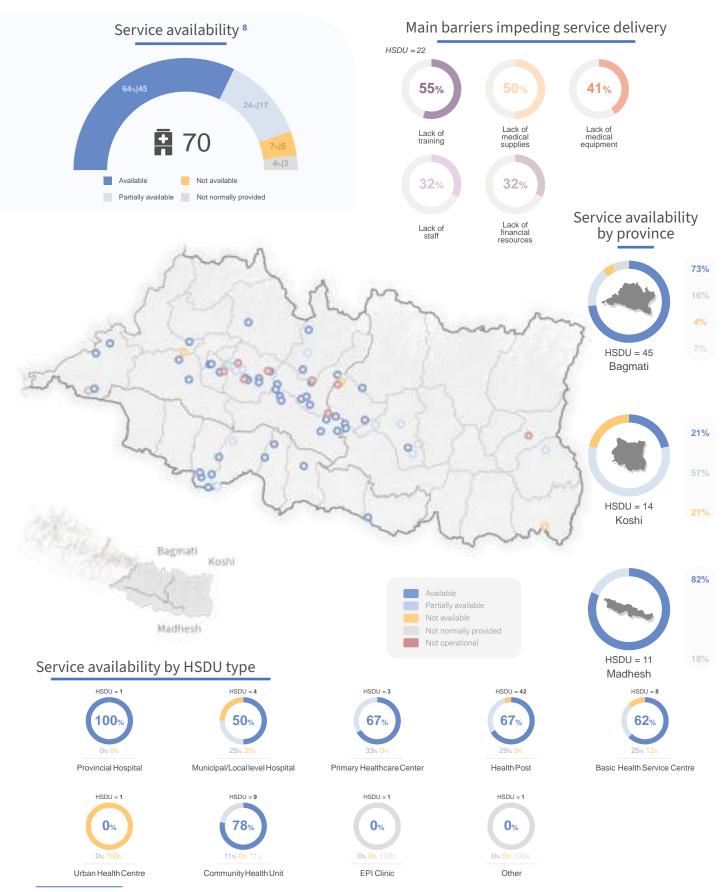




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.



INFORMATION, EDUCATION, AND COMMUNICATION ON STI/HIV



IEC on prevention of STI/HIV infections and behavioral change communications.







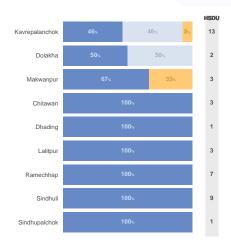
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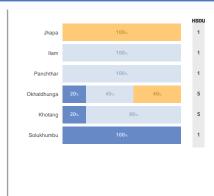


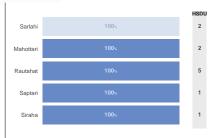


Madhesh

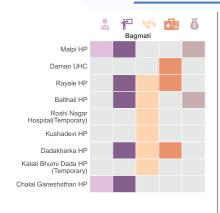
Service availability by district

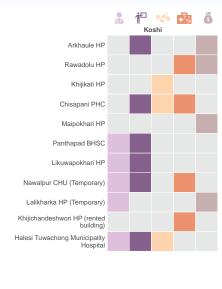






Main barriers impeding service delivery by HSDU*



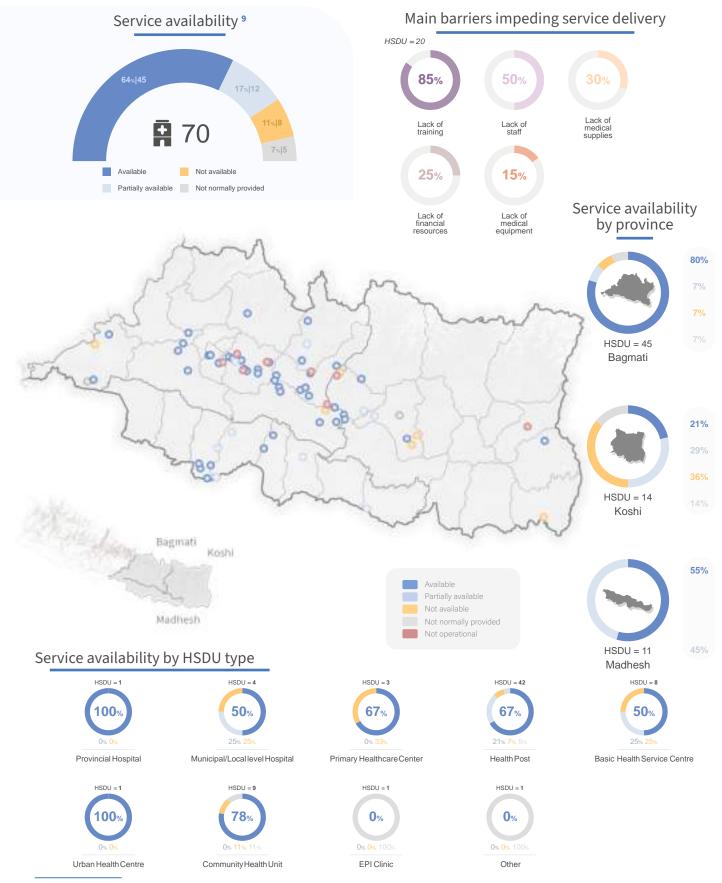




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.



STI/HIV ADVOCACY



Advocacy for community leaders on STI/HIV risks.





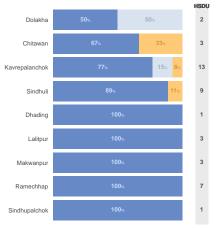


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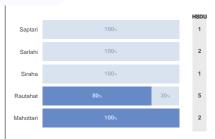


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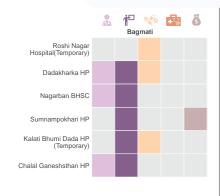
Service availability by district

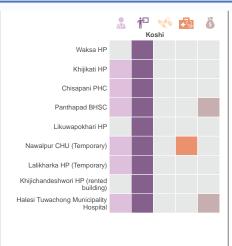


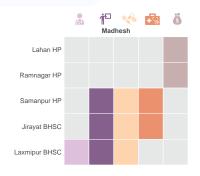




Main barriers impeding service delivery by HSDU*





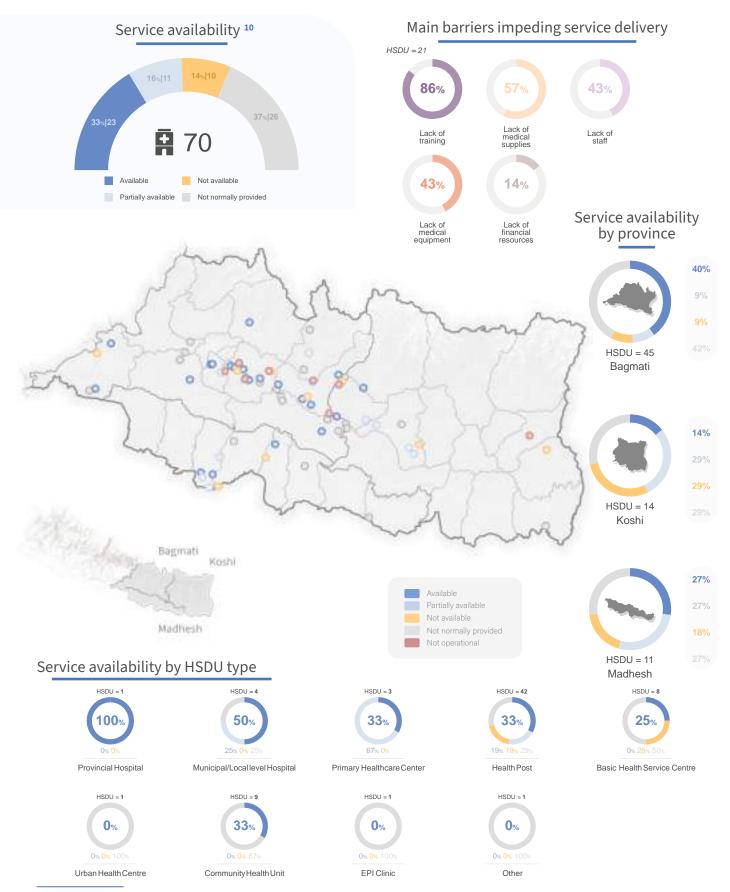




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

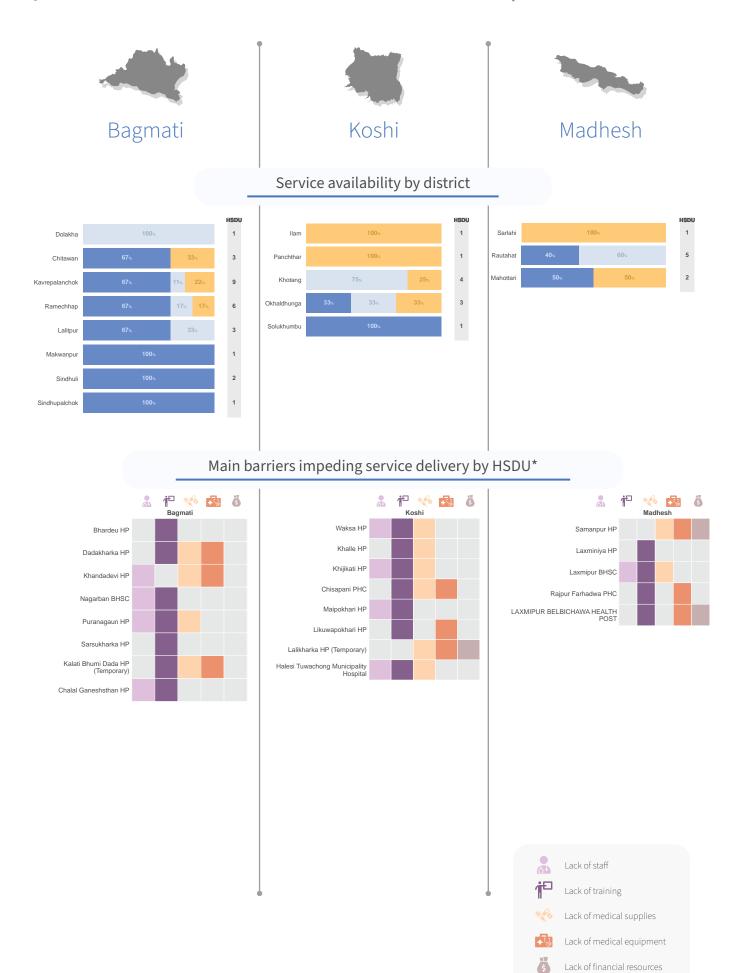


SYNDROMIC MANAGEMENT OF STIS



Syndromic management of STIs (sexually transmitted infections) means first-line antibiotics available nationally.

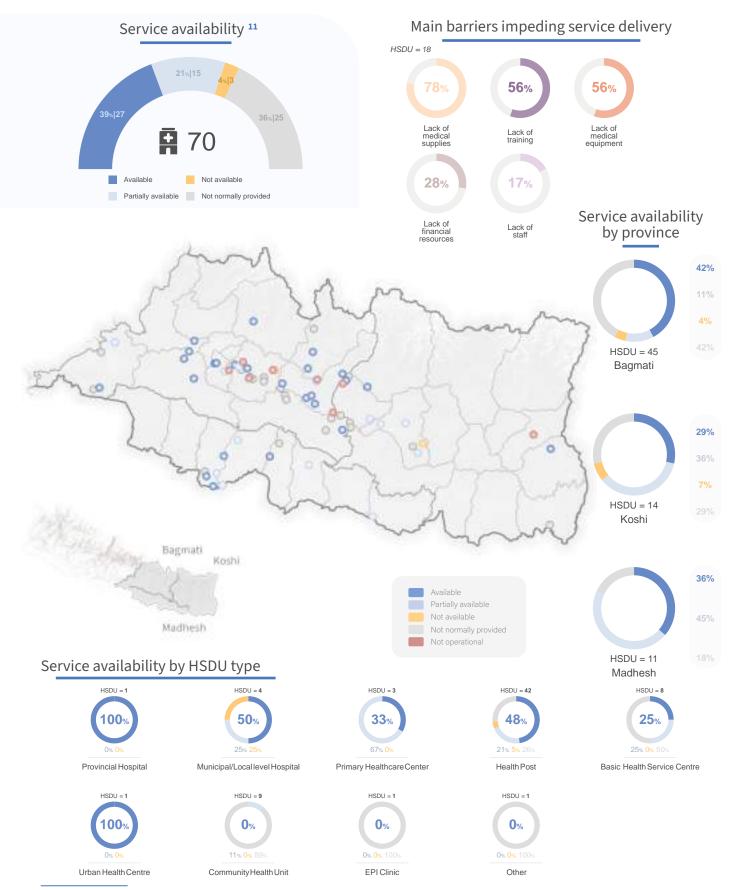




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

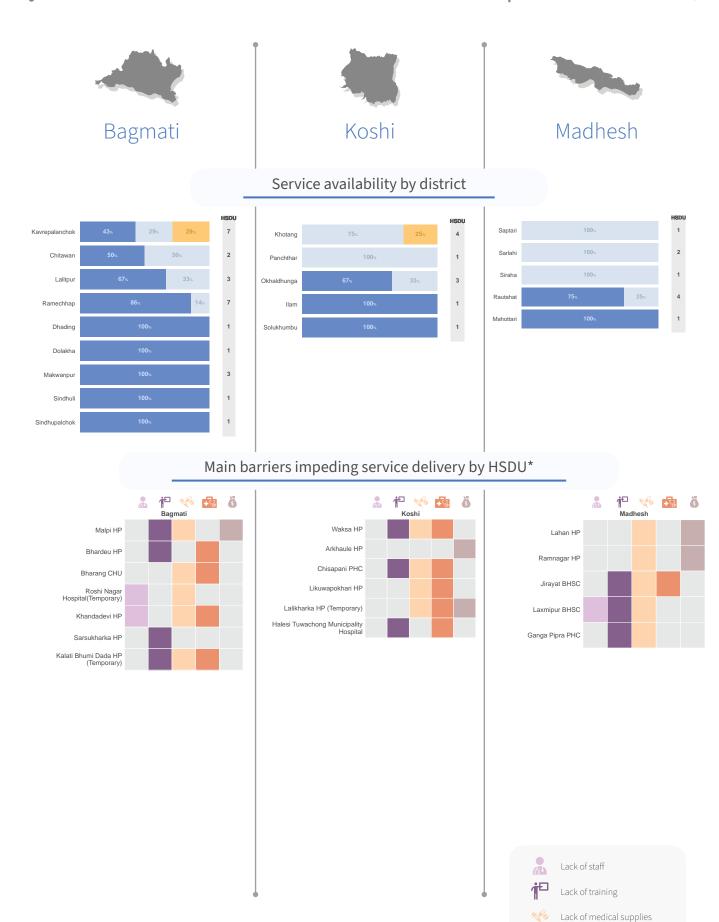


HIV COUNSELLING AND TESTING



HIV testing and counselling Counseling is provided to patients about the type of treatment being given and its consequences. Appropriate IEC/BCC materials on HIV/ AIDS.



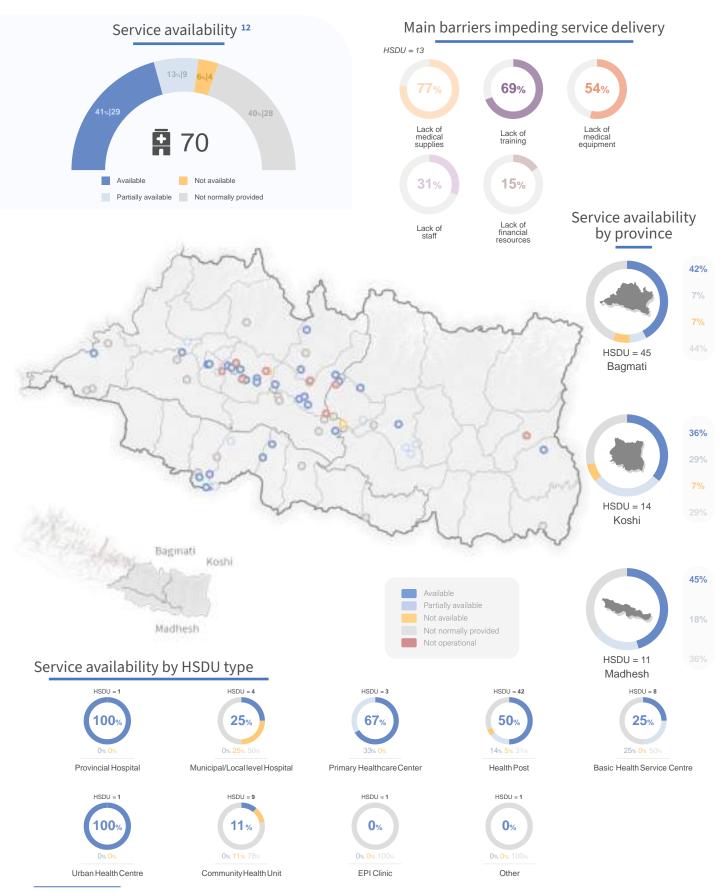


Lack of medical equipment

Lack of financial resources

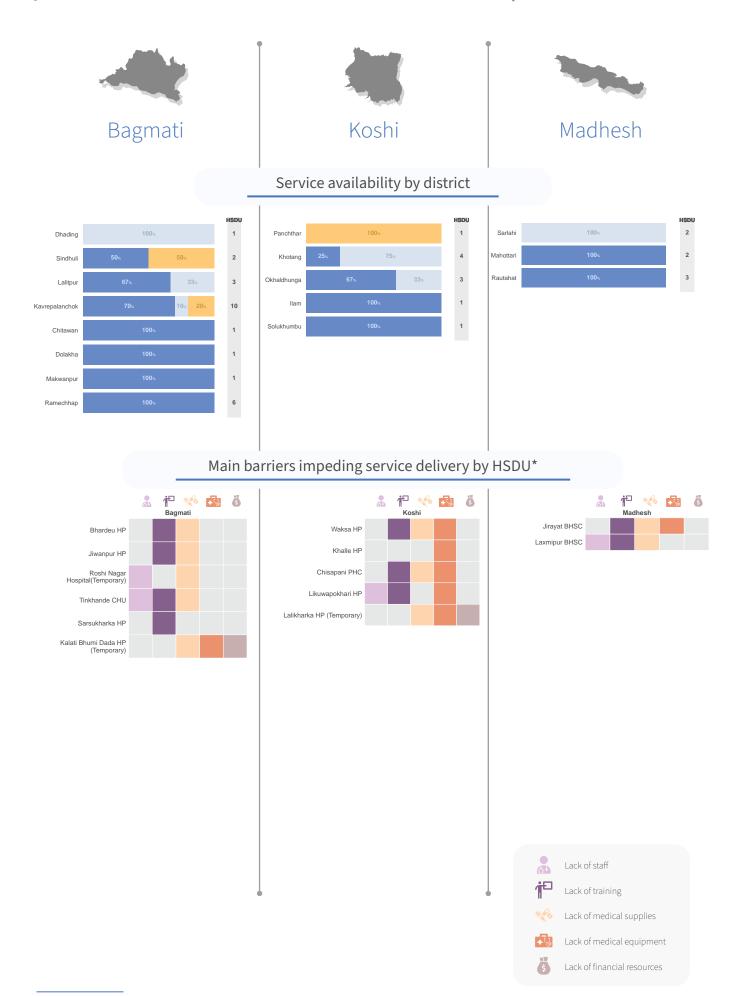
HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

PREVENTION OF MOTHER-TO-CHILD HIV **TRANSMISSION**



¹² Prophylaxis and treatment of opportunistic infections, prevention of mother-to-child HIV transmission (PMTCT).

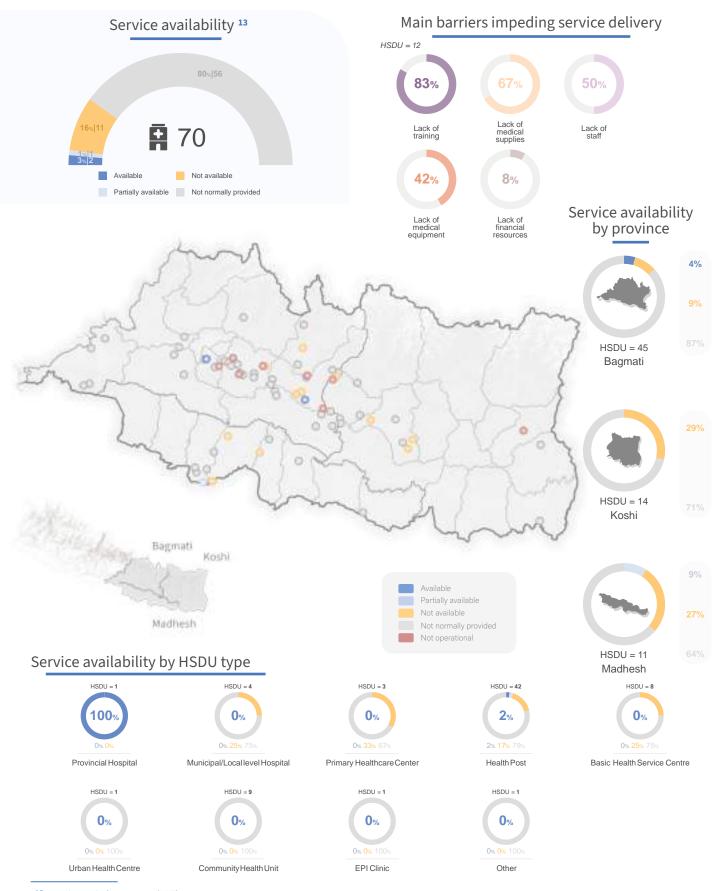




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

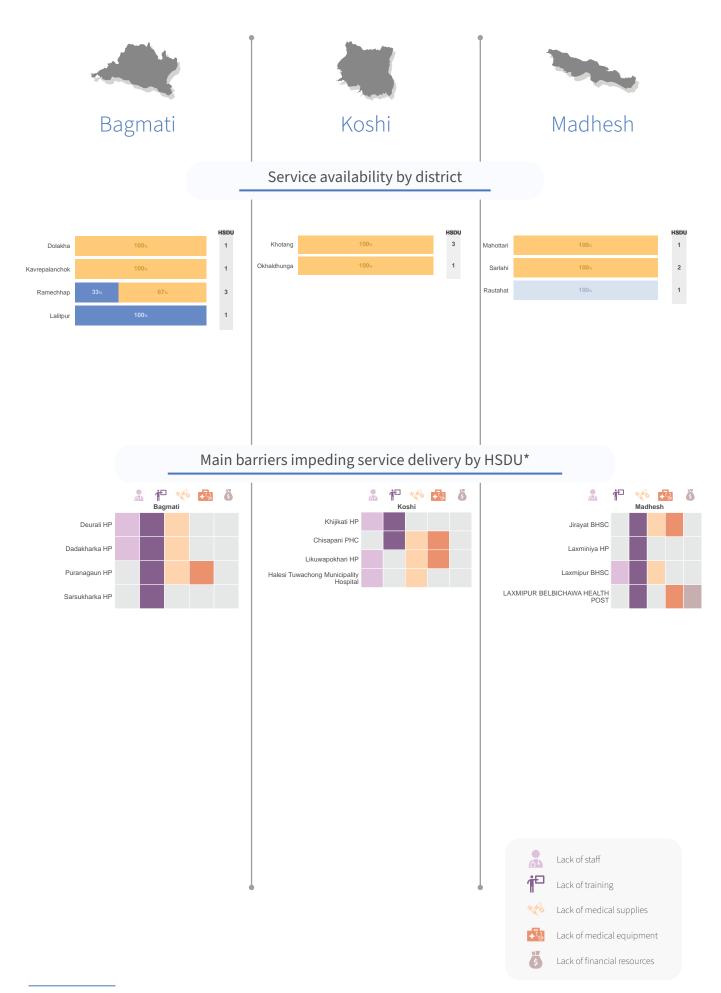


ANTIRETROVIRAL TREATMENT



¹³ Antiretroviral treatment (ART).

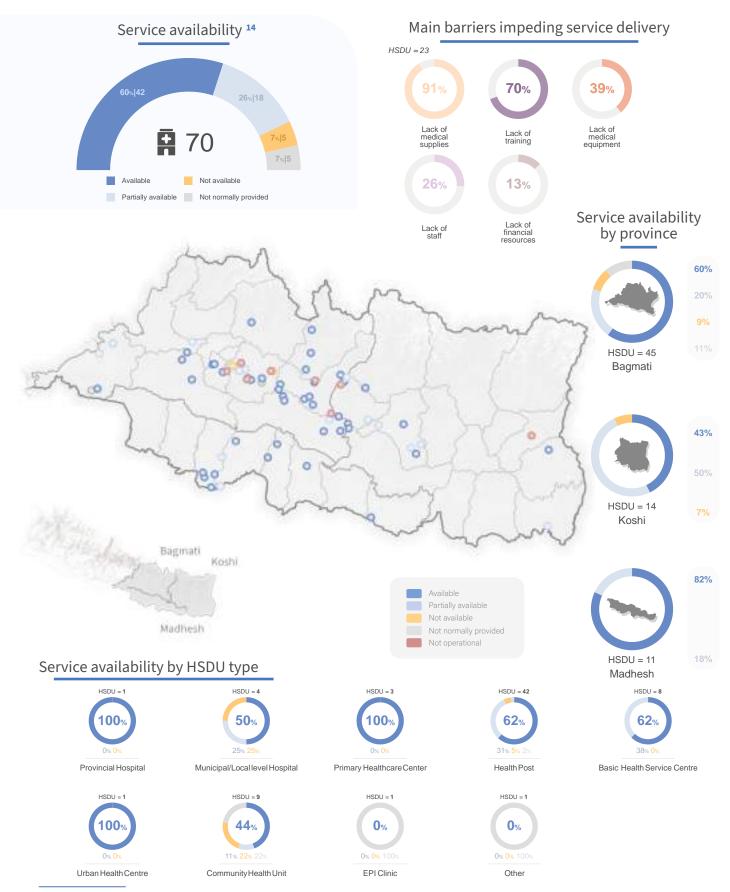




[·] HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.



FAMILY PLANNING



¹⁴ Availability of pregnancy test and contraceptive methods as per national guidelines.





Bagmati

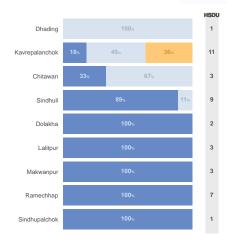


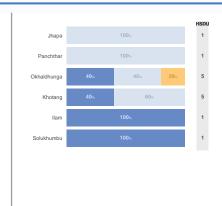
Koshi



Madhesh

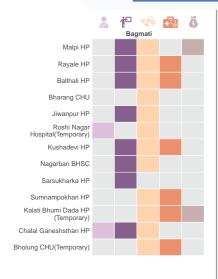
Service availability by district

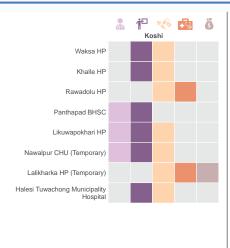


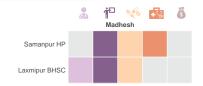




Main barriers impeding service delivery by HSDU*





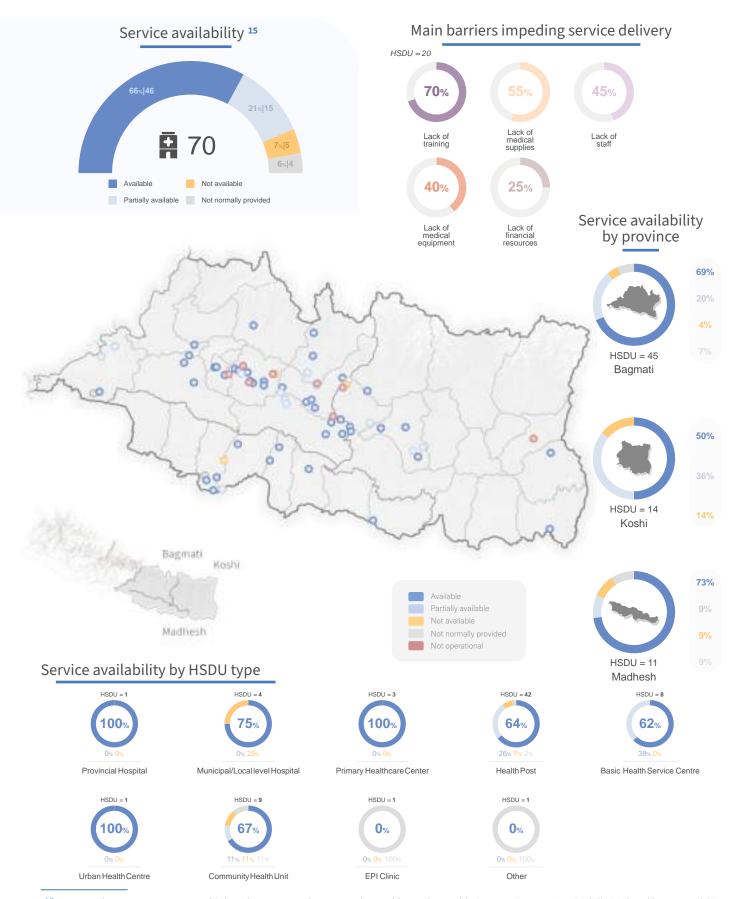




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.



ANTENATAL CARE



Antenatal care assess pregnancy, birth and emergency plan, respond to problems observed (urine protein test strips, Syphilis RDT) and/or reported STI, advise/counsel on nutrition and breastfeeding, self-care and family planning, intermittent iron and folate supplementation in non-anaemic pregnancy.







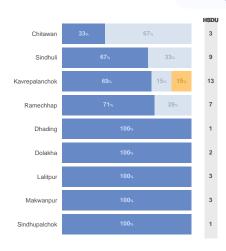


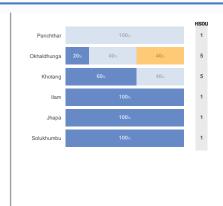
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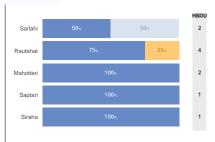
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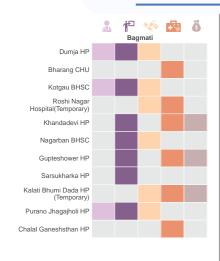
Service availability by district

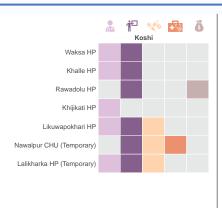


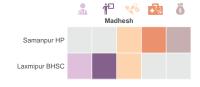




Main barriers impeding service delivery by HSDU*





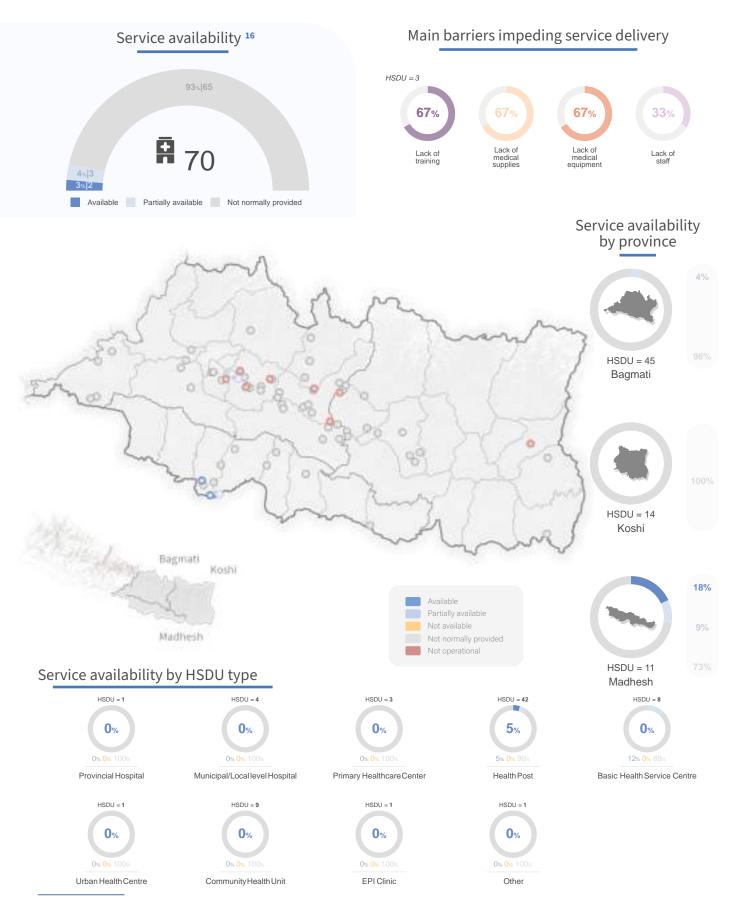




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.



CLEAN HOME DELIVERIES



Clean home deliveries includes distribution of clean delivery kits to visibly pregnant women, IEC and behavioral change communications, knowledge of danger signs and where/when to go for help, promotion of exclusive breastfeeding, and IYCF practices.

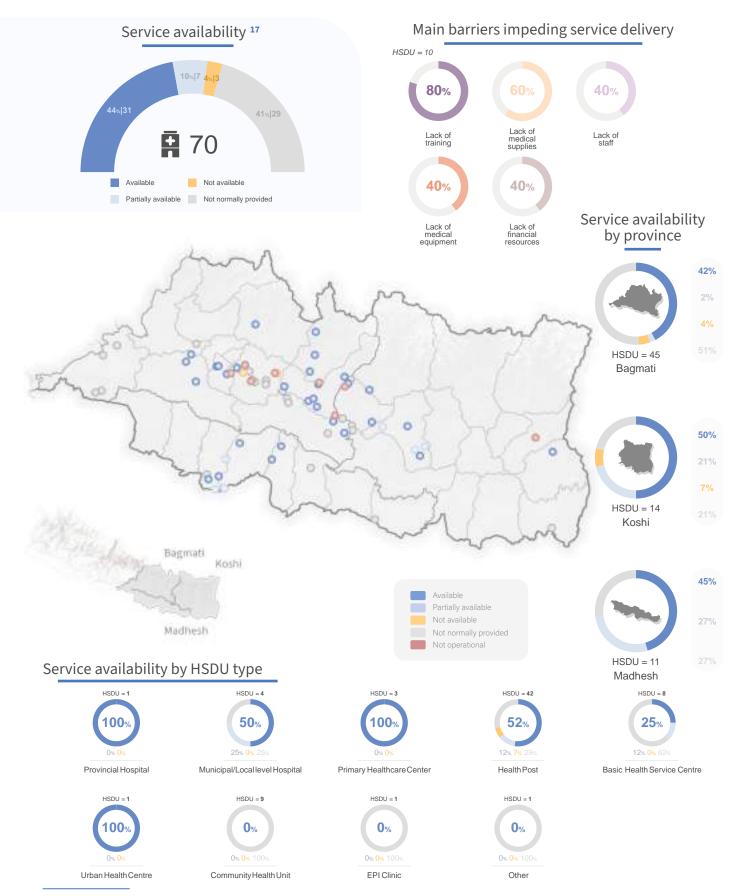




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.



SKILLED CARE DURING CHILDBIRTH



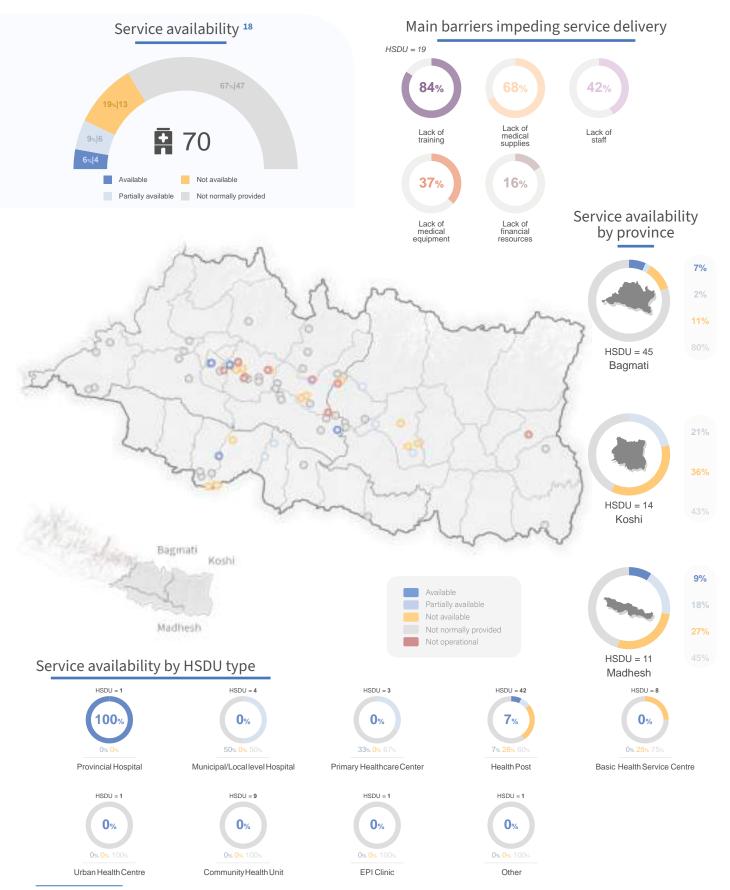
Skilled care during childbirth includes early essential newborn care: preparing for birth, assess the presence of labor, stage, fill WHO partograph and monitor, manage conditions accordingly, dry baby, clean cord care, basic newborn resuscitation, skin-to-skin contact, oxytocin, early and exclusive breastfeeding, eye prophylaxis (available magnesium sulphate and antenatal steroid).





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BASIC EMERGENCY OBSTETRIC CARE



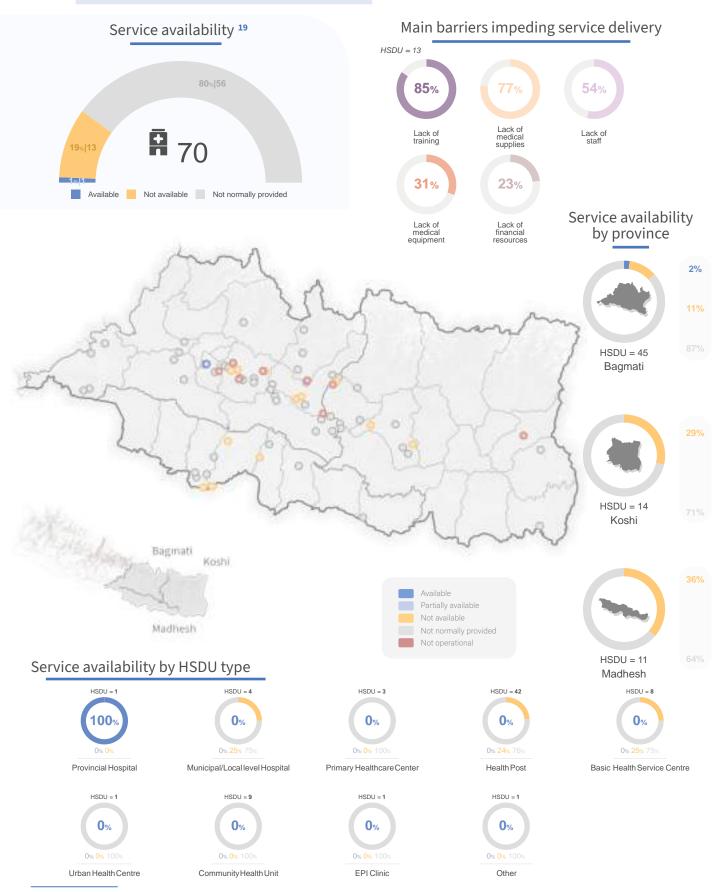
Basic emergency obstetric care (BEmOC) means parenteral antibiotics, oxytocic/anticonvulsant drugs, antenatal steroid, manual removal of placenta, removal of retained products with manual vacuum aspiration (MVA), assisted vaginal delivery, health facility functioning 24/7.





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COMPREHENSIVE EMERGENCY OBSTETRIC CARE



Comprehensive Emergency Obstetric Care (CEMOC) includes BEMOC, caesarean section, safe blood transfusion.

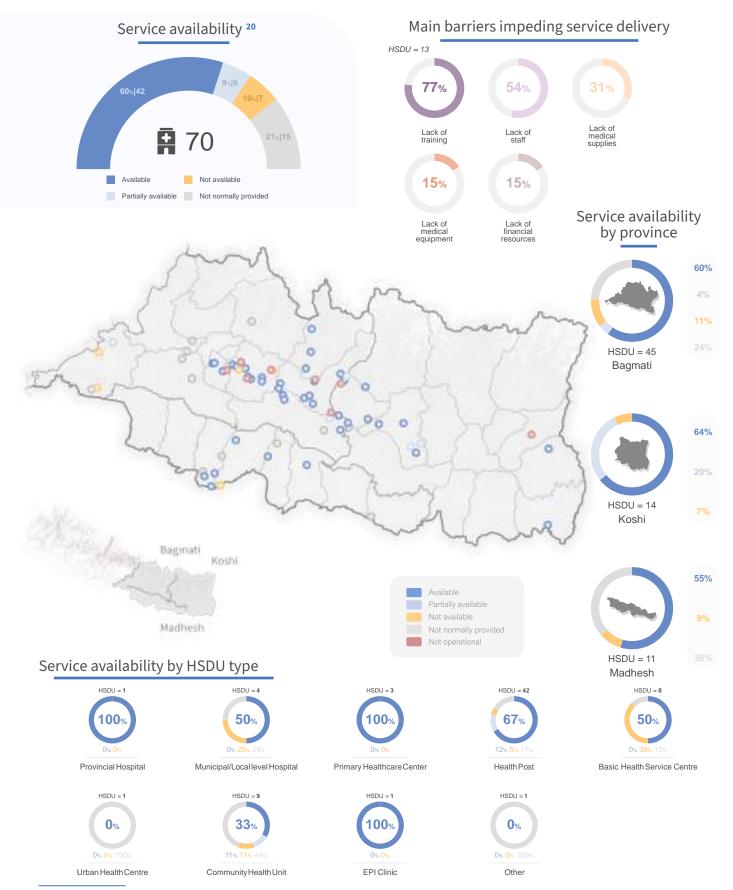




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

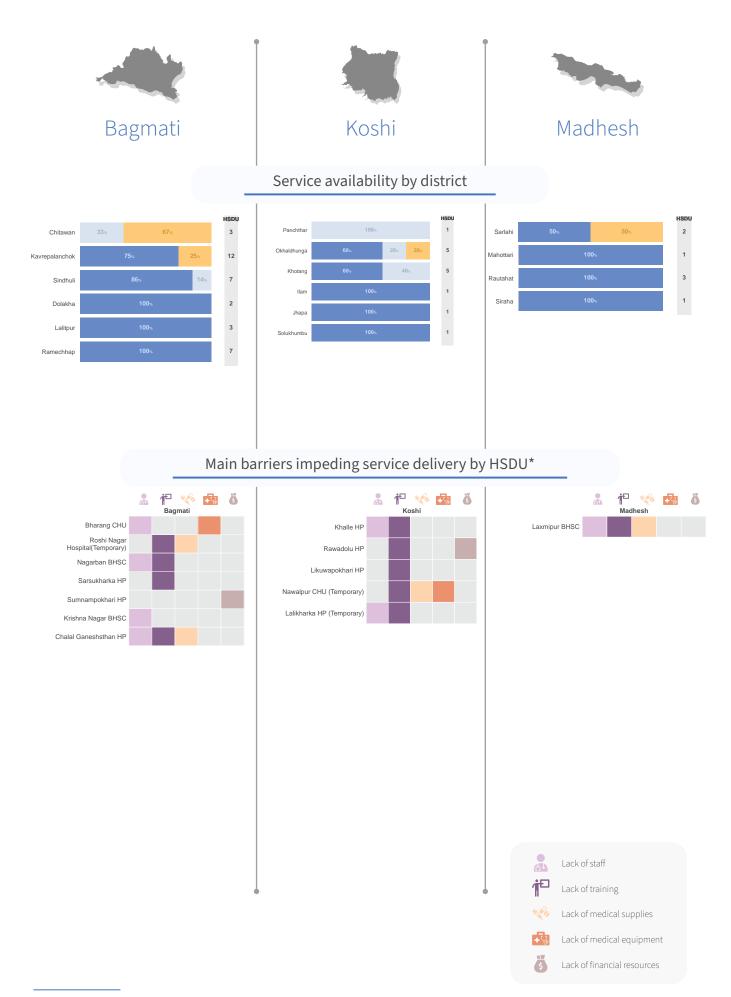


POST-PARTUM CARE



Post-partum care includes examination of mother and newborn (up to 6 weeks), respond to observed signs, support breastfeeding, counsel on complementary feeding, and promote family planning.

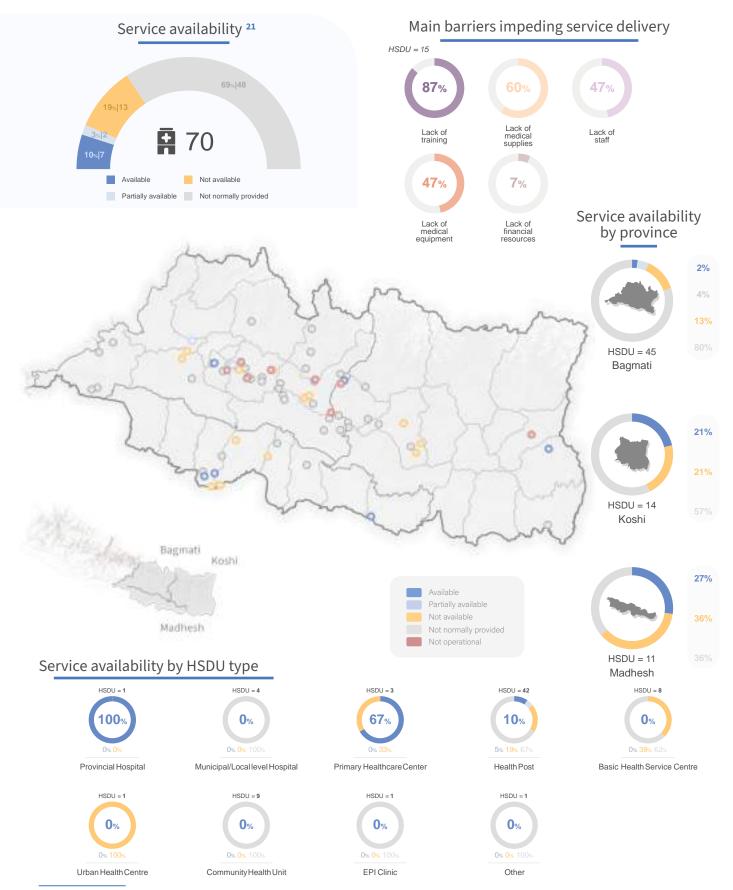




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.



COMPREHENSIVE ABORTION CARE



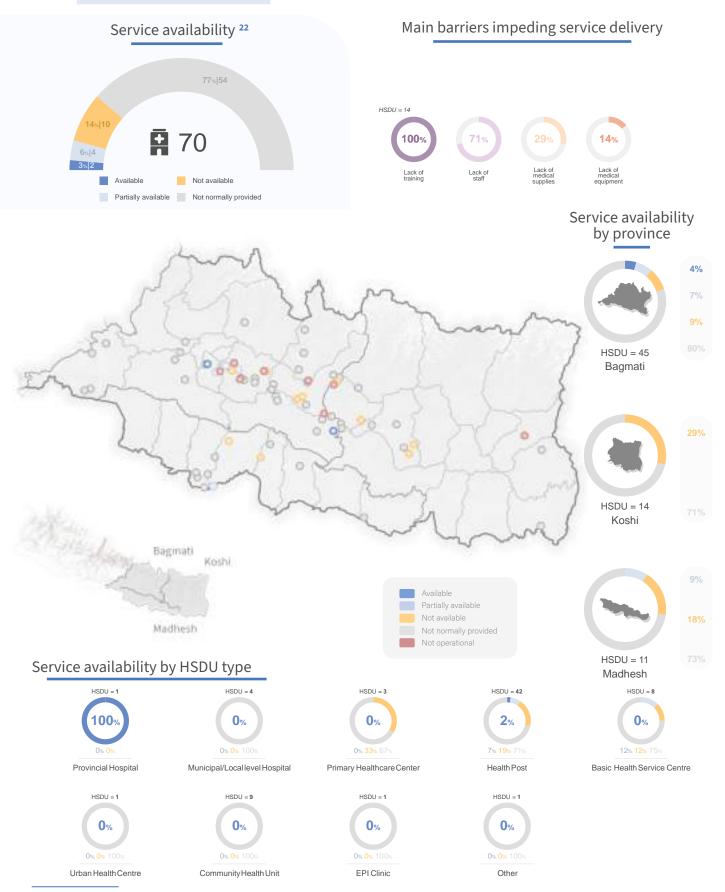
Comprehensive abortion care includes safely induced abortion for all legal indications, uterine evacuation using manual vacuum aspiration (MVA) or medical methods where applicable, antibiotic prophylaxis, treatment of abortion complications, counselling for abortion and post-abortion contraception.





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CLINICAL MANAGEMENT OF RAPE SURVIVORS



Clinical management of rape survivors (including psychological support).

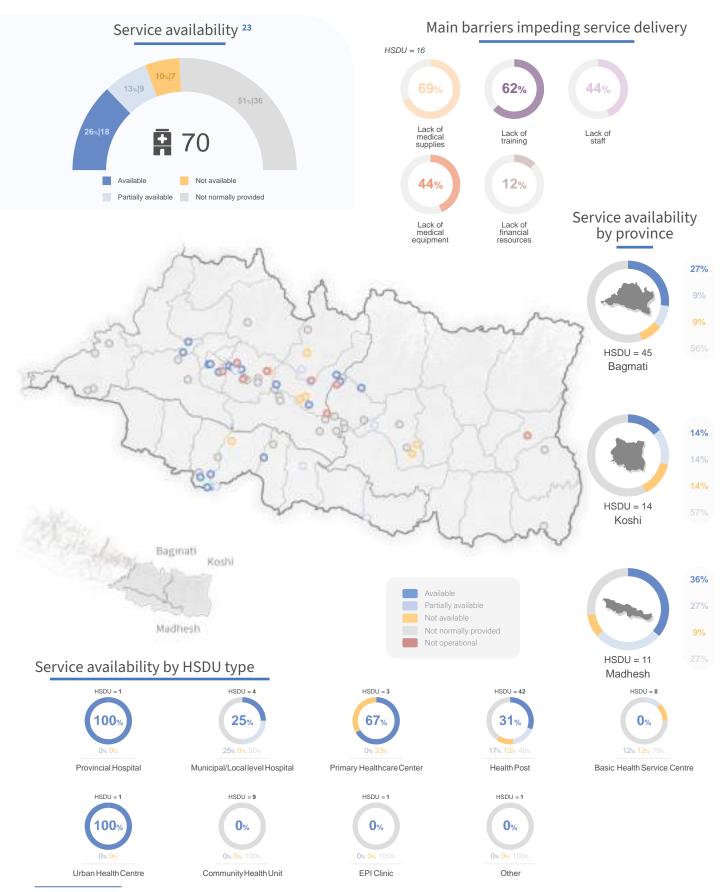




[·] HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.



EMERGENCY CONTRACEPTION



²³ Emergency contraception Pregnancy test and emergency contraceptive services, tests for HIV/HBV

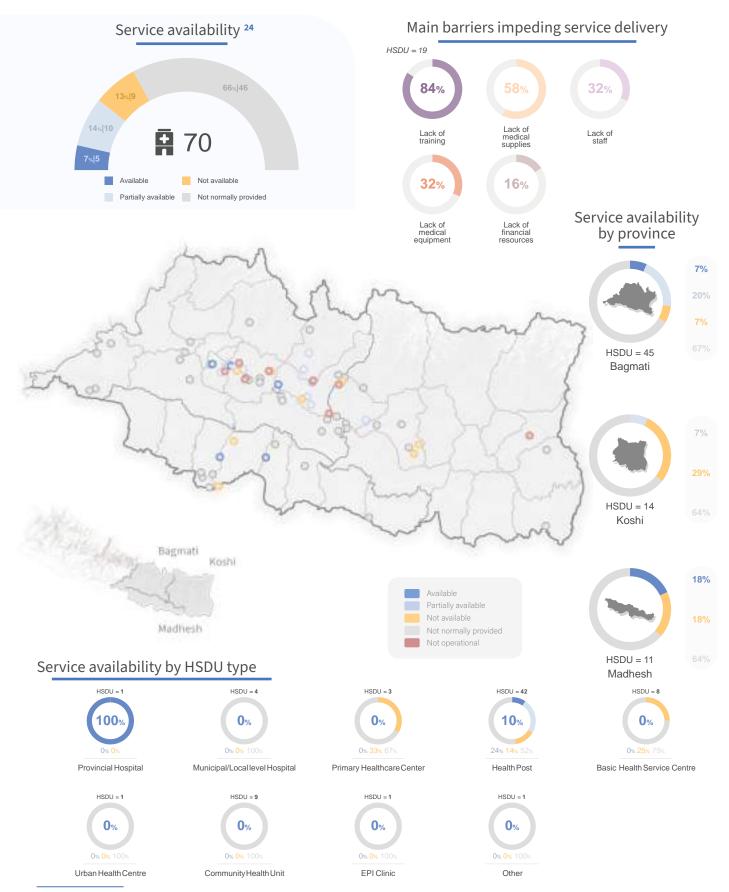




HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.



POST-EXPOSURE PROPHYLAXIS



²⁴ Post-exposure prophylaxis (PEP) for STIs and HIV infections.





HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

ANNEX





ANNEX I: PREVIOUSLY PUBLISHED REPORTS

- 1. HeRAMS Nepal post-Jarjarkot earthquake report April 2024 General clinical and trauma care services: A comprehensive mapping of availability of essential services and barriers to their provision, https://www.who.int/publications/m/item/herams-nepal-post-jarjarkot-earthquake-report-2024-04-general-clinical-and-trauma-care-services.
- 2. HeRAMS Nepal post-Jarjarkot earthquake report April 2024 Child health and nutrition services: A comprehensive mapping of availability of essential services barriers to their provision, https://www.who.int/publications/m/item/herams-nepal-post-jarjarkot-earthquake-report-2024-04-child-health-and-nutrition-services.
- **3.** HeRAMS Nepal post-Jarjarkot earthquake report April 2024 Communicable disease services: A comprehensive mapping of availability of essential services and barriers to their provision, https://www.who.int/publications/m/item/herams-nepal-post-jarjarkot-earthquake-report-2024-04-communicable-disease-services.
- **4.** HeRAMS Nepal post-Jarjarkot earthquake report April 2024 Sexual and reproductive health services: A comprehensive mapping of availability of essential services and barriers to their provision, https://www.who.int/publications/m/item/herams-nepal-post-jarjarkot-earthquake-report-2024-04-sexual-and-reproductive-health-services.
- **5.** HeRAMS Nepal post-Jarjarkot earthquake report April 2024 Noncommunicable disease and mental health services: A comprehensive mapping of availability of essential services and barriers to their provision. https://www.who.int/publications/m/item/herams-nepal-post-jarjarkot-earthquake-report-2024-04-ncd-and-mental-health-services.



