# HeRAMS Nepal

September 2024 floods and landslides **January 2025** 



### Child health and nutrition services

A comprehensive mapping of availability of essential services and barriers to their provision

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# HeRAMS Nepal September 2024 floods and landslides January 2025

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#### Foreword

In the face of escalating natural and human-induced hazards, ensuring the safety and resilience of healthcare facilities remains a critical public health priority. Hospitals are essential lifelines during emergencies and disasters, providing life-saving care and coordinating relief when communities need them the most. Recognizing the importance of robust disaster preparedness, the Ministry of Health and Population (MoHP) is unwavering in its commitment to enhancing the disaster resilience of health facilities across Nepal.

The Health Resources and Services Availability Monitoring System (HeRAMS) serves as a comprehensive framework to assess the availability, accessibility, and functionality of health facilities, resources, and services within specific regions. This system empowers decision-makers by offering detailed insights into facility conditions, enabling evidence-based interventions to strengthen health system preparedness and response.

In Nepal, the Health Emergency and Disaster Management Unit (HEDMU)/HEOC, with support from the World Health Organization (WHO), first implemented HeRAMS following the 2023 earthquake in West Nepal. This assessment covered 83 health facilities, including temporary setups, to evaluate the damage and service availability in the affected region. Subsequently, in 2024, HeRAMS was extended to assess 78 health facilities across the Koshi, Madhesh, and Bagmati provinces, in the aftermath of floods and landslides.

This report provides an overview of the outcomes of these assessments of 2024 Nepal's Flood and Landslide and outlines the subsequent actions to be taken at various levels. It is a result of the collaborative efforts between the MoHP, WHO, and local health institutions, ensuring that Nepal's health system remains prepared for future emergencies.

I would like to express my sincere gratitude to WHO Nepal, the Swiss Agency for Development and Cooperation and United Nations Resident Coordinator's Office, the WHO South-East Asia Regional Office (SEARO), the HeRAMS Team at WHO Headquarters, and all the contributing institutions, experts, and hospital teams for their invaluable support and dedication to this essential initiative.

OSH BC

Dr Prakash Budhathoky

Chief

HEDMU/HEOC

# ACRONYMS

- BHSC Basic Health Service Center
- **CMAM** Community Management of Acute Malnutrition
  - **EPI** Expanded Programme on Immunization
- HeRAMS Health Resources and Services Availability Monitoring System
  - HP Health Post
  - **HSDU** Health Service Delivery Unit
  - **IMAM** Integrated Management of Acute Malnutrition
  - IMCI Integrated Management of Childhood Illness
  - PHC Primary Health Center
  - **SAM** Severe Acute Malnutrition
  - **UHC** Urban Health Centre
  - WHO World Health Organization



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# DISCLAIMER

Disruptions to health systems can impede provision of and access to essential health services. Communities' vulnerability to increased morbidity and mortality substantially increases when a lack of reliable information prevents sound decision-making, especially in rapidly changing environments that require continued assessment. The Health Resources and Services Availability Monitoring System (HeRAMS) aims to provide decision-makers and health stakeholders at large with vital and up-to-date information on the availability of essential health resources and services, help them identify gaps and determine priorities for intervention.

HeRAMS draws on the wealth of experience and knowledge gathered by the World Health Organization (WHO) and health sector actors, including nongovernmental organizations, donors, academic institutions and other technical bodies. It builds on a collaborative approach involving health service providers at large and integrating what is methodologically sound and feasible in highly constrained, low-resourced and rapidly changing environments such as humanitarian emergencies. Rapidly deployable and scalable to support emergency response and fragile states, HeRAMS can also be expanded to - or directly implemented as - an essential component of routine health information systems. Its modularity and scalability make it an essential component of emergency preparedness and response, health systems strengthening, universal health coverage and the humanitarian development nexus.

HeRAMS has been operational in Nepal since January 2024 with an initial focus on areas affected by the 2023 Jajarkot earthquake <u>Annex I</u>. Following the devasting floods and landslides in September 2024, HeRAMS was expanded to "insert provinces". This report presents the results of the assessment of 78 health service delivery units (HSDUs) across affected areas. It is important to note that the deployment of HeRAMS is ongoing, including data verification and validation. Hence, this analysis is not final and was produced solely for the purpose of informing operations.

This is the third report of the **HeRAMS Nepal September 2024 floods and landslides - January 2025** series, focusing on the availability of child health and nutrition services. It is a continuation of the first report on the operational status of the health system<sup>1</sup> and should always be interpret in conjunction with results presented in the first report. Additional reports are available covering essential general clinical and trauma care services<sup>2</sup>, communicable disease services<sup>3</sup>, sexual and reproductive health services<sup>4</sup>, and Noncommunicable disease and mental health services<sup>5</sup>.

Caution must be taken when interpreting the results presented in this report. Differences between information products published by WHO, national public health authorities, and other sources using different inclusion criteria and different data cut-off times are to be expected. While steps are taken to ensure accuracy and reliability, all data are subject to continuous verification and change.

For additional information, please see https://www.who.int/initiatives/herams or contact herams@who.int

<sup>&</sup>lt;sup>1</sup> HeRAMS Nepal September 2024 floods and landslides - January 2025 - operational status of the health system: a comprehensive mapping of the operational status of health service delivery units, <u>https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-and-landslides-report-2025-01-operational-status-of-the-health-system</u>.

<sup>&</sup>lt;sup>2</sup> HeRAMS Nepal September 2024 floods and landslides - January 2025 - General clinical and trauma care services: A comprehensive mapping of availability of essential services and barriers to their provision, <u>https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-and-landslides-report-2025-01-general-clinical-and-trauma-care-services</u>.

<sup>&</sup>lt;sup>3</sup> HeRAMS Nepal September 2024 floods and landslides - January 2025 - Communicable disease services: A comprehensive mapping of availability of essential services and barriers to their provision, <a href="https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-and-landslides-report-2025-01-communicable-disease-services">https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-and-landslides-report-2025-01-communicable-disease-services</a>.

<sup>&</sup>lt;sup>4</sup> HeRAMS Nepal September 2024 floods and landslides - January 2025 - Sexual and reproductive health services: A comprehensive mapping of availability of essential services and barriers to their provision, https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-and-landslides-report-2025-01-sexual-and-reproductive-health-services.

<sup>&</sup>lt;sup>5</sup> HeRAMS Nepal September 2024 floods and landslides - January 2025 - Noncommunicable disease and mental health services: A comprehensive mapping of availability of essential services and barriers to their provision. <u>https://www.who.int/publications/m/item/herams-nepal-september-2024-floods-andlandslides-report-2025-01-ncd-and-mental-health-services.</u>

# **OVERVIEW OF HSDUs EVALUATED**

Data collection summary



<sup>\*</sup> Five of the assessed facilities were temporary structures.

<sup>&</sup>lt;sup>6</sup> HSDUs (Health Service Delivery Units) reported as destroyed, non-functioning, or inaccessible are deemed unable to provide any health services, hence categorized as non-operational. Consequently, reporting ends upon confirmation of an HSDU's non-operational status.

Reporting frequency and operational status by district

		He Se	asic ealth rvice entre	Com Heal	munity th Unit	EPI	Clinic		ealth ost	Loca	icipal/ al level spital	Heal	mary thcare enter		vincial spital	He	ban ealth entre	0	ther	То	otal
		0	N/O	0	N/O	0	N/O	0	N/O	0	N/O	0	N/O	0	N/O	0	N/O	0	N/O	0	N/O
	CHITAWAN	2	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	4	-
	DHADING	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-		-	-	1	-
	DOLAKHA	-	-	1	1	-	-	2	-	-	-	-	-	-	-	-	-	-	-	3	1
	KAVREPALANCHOK	1	-	2	1	1	-	9	2	1	1	-	-	-	-	-		-	-	14	4
AATI	LALITPUR	-	-	-	-	-	-	2	-	-	-	-	-	1	-	-	-	-	-	3	-
BAGMATI	MAKWANPUR	1	-	-	-	-	-	1	-	-	-	-	-	-	-	1		-	-	3	-
	RAMECHHAP	-	-	-	-	-	-	7	-	-	-	-	-	-	-	-	-	-	-	7	-
	SINDHULI	1	-	4	-	-	-	4	-	-	-	-	-	-	-	-		-	-	9	-
	SINDHUPALCHOK	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	1	-
	TOTAL	5	-	8	2	1	-	26	2	2	1	-	-	1	-	1		1	-	45	5
	ILAM	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-		-	-	1	-
	JHAPA	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	1	-
_	KHOTANG	-	-	-	-	-	-	3	-	1	-	1	-	-	-	-	-	-	-	5	-
KOSHI	OKHALDHUNGA	-	-	1	1	-	-	4	1	-	-	-	-	-	-	-		-	-	5	2
×	PANCHTHAR	-	-	-	-	-	-	1	1	-	-	-	-	-	-	-	-	-	-	1	1
	SOLUKHUMBU	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-		-	-	1	-
	TOTAL	1	-	1	1	-	-	9	2	2	-	1	-	-	-	-	-	-	-	14	3
	MAHOTTARI	-	-	-	-	-	-	2	-	-	-	-	-	-	-	-		-	-	2	-
-	RAUTAHAT	-		-	-	-	-	3	-	-	-	2	-	-	-	-	-	-		5	-
MADHESH	SAPTARI	-		-	-	-		1	-	-	-	-	-	-	-	-		-		1	-
IADI	SARLAHI	2		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		2	-
~	SIRAHA	-		-	-	-		1	-	-	-	-	-	-	-	-		-		1	-
	TOTAL	2	-	-	-	-	-	7	-	-	-	2	-	-	-	-	-	-	-	11	-
	TOTAL	8	-	9	3	1	-	42	4	4	1	3	-	1	-	1	-	1	-	70	8

**O** = At least partially operational - **N/O** = Not operational

#### Geographic distribution of HSDUs





#### Date of last update

# **INTERPRETATION GUIDE**

#### Service status

**Arc charts** provide an overview of the overall availability of a health service. The total number of HSDUs included in the analysis of a service is shown inside the arc chart. It should be noted that analysis of individual services was limited to operational HSDUs (<u>see page 3 for details</u>). There are two numbers separated by a bar ("|") inside the arc of the chart: on the left is the percentage of HSDUs, and on the right of the bar is the number falling into that category.





For further insights, **donut charts** break down service availability by HSDU type or province. To improve readability, labels indicating the availability level for each category are provided either beside or below the chart. Additionally, to highlight the percentage of HSDUs where an service is available up to standard, the number may also be prominently placed inside the chart. Information on the total number of HSDUs included is clearly indicated above or below the respective donut.

**Column charts** offer a breakdown of availability by district. By default, these District A charts exclude HSDUs where an service was not applicable or the HSDU did not report on it. The total number of HSDUs included in each district is indicated to the right of the bar.





In contrast to charts, and to highlight areas not reporting, as well as the impact of non-operational HSDUs, **maps** depict all HSDUs targeted with HeRAMS. Each dot corresponds to an HSDU, with the colour indicating the availability level.

#### Barriers

To gain a more comprehensive understanding of the challenges faced by HSDUs, whenever an service was not or only partially available, main barriers impeding availability were recoded. Similarly, questions on building and equipment conditions, functionality and accessibility gather information on the underlying causes for non or partially operating HSDUs.



Each **donut chart** indicates the percentage of HSDUs having reported a specific barrier. The total number of HSDUs reporting at least one barrier is shown below the chart header.

**Heat maps** indicate the barriers that each HSDU listed face with a colored rectangle. When the rectangle is grey, the HSDU does not face this barrier.

	Barrier 1	Barrier 2	Barrier 3
HSDU 1			
HSDU 2			
HSDU ₃			
HSDU 4			

**Important:** The denominator for barrier charts excludes HSDUs where the service is fully available or not normally provided. It should further be noted that HSDUs can report up to three barriers for each service. Thus, the sum of all barriers may exceed 100%.

### **COMMUNITY-BASED FIRST AID**



7 Community-based first aid interventions include airway positioning, choking interventions, and basic external hemorrhage control.

				•				•		
	Bagmati				Kosh	i			Madhesh	
			_	Service	availabilit	y by di	strict			
Dhading	100%		HSDU 1	Panchthar	100%		HSDU 1	Sarlahi	100%	HSDU 2
Dolakha	<b>50</b> % 50%		2	Khotang	80%	20%	5	Saptari	100%	1
Sindhuli	80%	20%	5	Jhapa	100%		1	Mahottari	100 <sub>%</sub>	2
Ramechhap	83%	17%	6	Solukhumbu Okhaldhunga	100% 33% 33%	33%	1	Rautahat	100%	3
Kavrepalanchok	85%	15%	13	Ilam	100%	33%	1	Siraha	100%	1
Chitawan	100%		2							
Lalitpur	100%		3							
Makwanpur	100%		2							
Sindhupalchok	100%		1							
								1		

#### Main barriers impeding service delivery by HSDU\*



HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

### COMMUNITY-BASED INTEGRATED MANAGEMENT OF CHILDHOOD ILLNESS



8 Community-based IMCI (Integrated Management of Childhood Illness) for acute respiratory infection (ARI), diarrhoea, and malaria by trained and supervised village volunteers or community health workers (CHW).

Bagmati	Koshi	Madhesh
	Service availability by district	
Kavrepalanchok     75%     17%     0%     12       Chitawan     100%     3       Dhading     100%     1       Dolakha     100%     2       Lalitpur     100%     3       Makwanpur     100%     3       Sindhuja     100%     9       Sindhujalchok     100%     1	Jhapa 100x 1   Panchthar 100x 1   Khotang 20x 80x 5   Okhaldhunga 50x 50x 4   Iam 100x 1   Solukhumbu 100x 1	KBDU       Sarlahi     50%     2       Mahottari     100%     2       Rautahat     100%     4       Saptari     100%     1       Siraha     100%     1
Main ba	rriers impeding service delivery by	HSDU*
Image: A standard control of the standard contro of the standard control of the standard contro	Waksa HP   Khalle HP   Rawadolu HP   Chisapani PHC   Panthapad BHSC   Likuwapokhari HP   Lalikharka HP (Temporary)   Halesi Tuwachong Municipality   Hospital	Jirayat BHSC       Image: Construction of the second of the
	,	<ul> <li>Lack of staff</li> <li>Lack of training</li> <li>Lack of medical supplies</li> <li>Lack of medical equipment</li> <li>Lack of financial resources</li> </ul>

• HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

# **IMCI UNDER 5 CLINIC**



9 Under-5 clinic conducted by IMCI-trained health staff with available paracetamol, first-line antibiotics, Oral rehydration salts (ORS) and zinc dispersible tablets, national IMCI guidelines, and flowcharts.

Bagmati	Koshi	Madhesh
	Service availability by district	
Makwanpur       67%       33%       3         Kavrepalanchok       71%       14%       14%       14%         Ramechhap       86%       14%       7         Chitawan       100%       14%       3         Dhading       100%       1         Dolakha       100%       2         Lalitpur       100%       3         Sindhuli       100%       8         Sindhuli       100%       1	HSOU Jhapa 100s 1 Panchthar 100s 5 Okhakhunga 67s 33s 3 Ilam 100s 1 Solukhumbu 100s 1	KBDU       Sarlahi     100x     2       Mahottari     100x     4       Saptari     100x     1       Siraha     100x     1
Main ba	 arriers impeding service delivery by	/ HSDU*
Image: Section of the sec	Image: Second secon	Image: 1       Image: 1 <td< td=""></td<>
		<ul> <li>Lack of staff</li> <li>Lack of training</li> <li>Lack of medical supplies</li> <li>Lack of medical equipment</li> <li>Lack of financial resources</li> </ul>

• HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

### MANAGEMENT OF CHILDREN WITH SEVERE DISEASES



10 Management of children classified as severe or very severe diseases (parenteral fluids and drugs, oxygen).



HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

### COMMUNITY MOBILIZATION FOR EXPANDED PROGRAMME FOR IMMUNIZATION



11 Community mobilization and support of outreach sites of routine Expanded Programme for Immunization (EPI), and/or mass vaccination campaigns.



HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

### EXPANDED PROGRAMME FOR IMMUNIZATION



12 Expanded Programme on Immunization (EPI) regular outreach site for routine immunization against all national target diseases or permanent site with functioning cold chain in place.

Bagmati	Koshi Service availability by district	Madhesh
Kavrepalanchok         79%         14%         7%         14           Sindhuli         83%         17%         6           Chitawan         100%         3           Dhading         100%         1           Dolakha         100%         2           Lalitpur         100%         3           Makwanpur         100%         3           Ramechhap         100%         7           Sindhupalchok         100%         1	Panchthar 100× 1 Khotang 40% 40% 20% 5 Ilam 100% 1 Jhapa 100% 4 Okhaldhunga 100% 4 Solukhumbu 100% 1	HSDU Mahottari 100× 2 Rautahat 100× 5 Saptari 100× 1 Sartahi 100× 2 Siraha 100× 1
Image: Constraint of the second of the se	barriers impeding service delivery by	HSDU*     No barriers reported     Image: Lack of staff   Image: Lack of training   Image: Lack of medical supplies   Image: Lack of medical equipment   Image: Lack of financial resources

• HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

### INFANT, YOUNG, AND CHILD FEEDING



13 Information, education, and communications (IEC) of child caretaker, promotion of exclusive breastfeeding and Infant, Young, and Child Feeding (IYCF) practices, active case finding, and referral of sick children.



HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

# SCREENING FOR ACUTE MALNUTRITION



14 Screening for acute malnutrition at the community level: using mid-upper arm circumference (MUAC).



HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

# **GROWTH MONITORING**



15 Growth monitoring and/or screening of acute malnutrition (MUAC or weight- for-height (W/H)).

Bagmati	Koshi Service availability by district	Madhesh
Kavrepalanchok       79, 7       14, 14         Chitawan       100, 3       3         Dhading       100, 10       1         Dolakha       100, 3       3         Lalitpur       100, 3       3         Makwanpur       100, 7       3         Ramechhap       100, 7       3         Sindhuli       100, 7       7         Sindhupalchok       100, 7       1	HSDU Jhapa 100. 1 Panchthar 100. 5 Ilam 60. 40. 1 Okhaldhunga 100. 4 Solukhumbu 100. 1	Sarlahi     50x     50x     2       Mahottari     100x     2       Rautahat     100x     5       Saptari     100x     1       Siraha     100x     1
Main bas         Image: Image	riers impeding service delivery by	Itaxmipur BHSC     Itack of staff   Itack of medical supplies   Itack of medical equipment   Itack of financial resources

• HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

### COMMUNITY MANAGEMENT OF ACUTE MALNUTRITION



16 Support community site for Community Management of Acute Malnutrition (CMAM) programme and/or follow-up of children enrolled in supplementary/ therapeutic feeding.

Bagmati	Koshi	Madhesh
	Service availability by district	
Makwanpur       100-       1         Chitawan       50-       50-       1         Dhading       100-       1       1         Diadha       100-       5       3         Sindhui       100-       1       1         Sindhui       100-       1       1         Sindhua       100-       1       1       1         Sindhua       100-       1       1       1       1         Chain Nagar BHSC       1       1       1       1       1       1         Chain Ganeshshan He       1       1       1       1       1       1	Ian 100-   Khotang 60-   Penchthar 100-   Okhaldhunga 33-   67- 3   Solukhumbu 100-   Trierers impeding service delivery by Vaksa HP Khale HP Chisapani PHC Chisap	Sarlah Sob Sob   Audatat 100-   Sapari 100-   Straha 100-   The second sec
		<ul> <li>Lack of staff</li> <li>Lack of training</li> <li>Lack of medical supplies</li> <li>Lack of medical equipment</li> <li>Lack of financial resources</li> </ul>

<sup>•</sup> HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

### INTEGRATED MANAGEMENT OF ACUTE MALNUTRITION



17 Integrated management of acute malnutrition (IMAM) with outpatient programme for severe acute malnutrition without medical complications with readyto-use therapeutic foods available.

Bagmati	Koshi	Madhesh
	Service availability by district	
Chitawan 100%   Makwanpur 100%   Makwanpur 100%   Makwanpur 100%   Dhading 100%   Dhading 100%   Sindhupalchok 100%   Sindhupalchok 100%   100% 1	Khotang 100× 4   Panchthar 100× 1   Okhaldhunga 33× 67× 3   Ilam 100× 1   Solukhumbu 100× 1	Sartahi 50% 50% 2   Mahottari 100% 2   Rautahat 100% 5   Saptari 100% 1   Siraha 100% 1
Image: Sector	Arriers impeding service delivery by	ASDU
		<ul> <li>Lack of staff</li> <li>Lack of training</li> <li>Lack of medical supplies</li> <li>Lack of medical equipment</li> <li>Lack of financial resources</li> </ul>

• HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.

### STABILIZATION CENTER FOR SEVERE ACUTE MALNUTRITION



18 Stabilization center for SAM (Severe Acute Malnutrition) with medical complications, availability of F75, F100, ready-to-use therapeutic foods, and dedicated trained team of doctors, nurses, and nurse aids, 24/7.



HSDUs that did not report any data or that do not normally provide the service are excluded from the analysis.





## ANNEX I: PREVIOUSLY PUBLISHED REPORTS

- 1. HeRAMS Nepal post-Jarjarkot earthquake report April 2024 General clinical and trauma care services: A comprehensive mapping of availability of essential services and barriers to their provision, <a href="https://www.who.int/publications/m/item/herams-nepal-post-jarjarkot-earthquake-report-2024-04-general-clinical-and-trauma-care-services">https://www.who.int/publications/m/item/herams-nepal-post-jarjarkot-earthquake-report-2024-04-general-clinical-and-trauma-care-services</a>.
- 2. HeRAMS Nepal post-Jarjarkot earthquake report April 2024 Child health and nutrition services: A comprehensive mapping of availability of essential services barriers to their provision, <u>https://www.who.int/publications/m/item/herams-nepal-post-jarjarkot-earthquake-report-2024-04-child-health-and-nutrition-services</u>.
- **3.** HeRAMS Nepal post-Jarjarkot earthquake report April 2024 Communicable disease services: A comprehensive mapping of availability of essential services and barriers to their provision, <u>https://www.who.int/publications/m/item/herams-nepal-post-jarjarkot-earthquake-report-2024-04-communicable-disease-services</u>.
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